



# Medicaid Funded Housing Transition and Tenancy Sustaining Services

The Role of Psychiatric Rehabilitation Services (PRS)

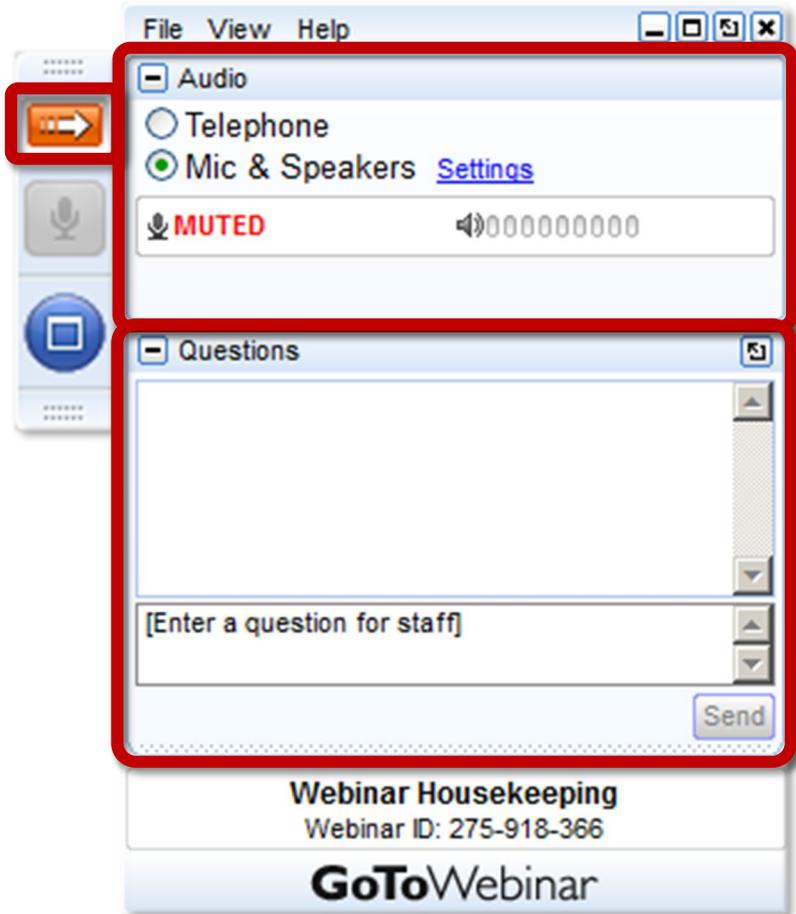
Technical Assistance Collaborative (TAC)

Office of Mental Health and Substance  
Abuse Services (OMHSAS)

# Webinar Format

- Webinar will last approximately 1.5 hours
- Participants' phone connections are "muted" due to the high number of callers
- Questions can also be submitted anytime to [SSVF@va.gov](mailto:SSVF@va.gov)

# QUESTIONS...



## Your Questions

Submit questions and comments via the Questions panel

# Acronyms Used in this Presentation

- ACT            Assertive Community Treatment
- CFR            Code of Federal Regulations
- FFP            Federal Financial Participation
- HCBS          Home and Community Based Services
- HT/TSS        Housing Transition/Tenancy Sustaining Services
- ICD-10-CM    International Statistical Classification of Diseases and Related Health Problems, Tenth Revision, Clinical Modification
- IRP            Individual Rehabilitation Plan
- LPHA          Licensed Practitioner of the Healing Arts
- MA            Medical Assistance (aka Medicaid)
- MH            Mental Health
- OMHSAS      Office of Mental Health and Substance Abuse Services
- PRS            Psychiatric Rehabilitation Services
- SMI            Serious Mental Illness
- SU            Substance Use
- SPA            State Plan Amendment



# Today's Webinar

- What We Will Cover
  - a) Goals of the Webinar
  - b) Need for Housing Transition and Tenancy Sustaining Services (HT/TSS) and how PA Medicaid can help to support them
  - c) State and Federal Rules for Medicaid Reimbursed PRS
  - d) PRS Housing Activities Appropriate in PA's Medicaid Program
  - e) Keys to Services Documentation and Billing
  - f) Screening and Assessment Tools PRS Providers May Use
  - g) Braiding Services Seamlessly for Recipients
  - h) Questions and Discussion
- And all in 2 hours or less!

# Goals of the Webinar



# Goals

Participants will –

- ✓ Identify need for Housing Transition/Tenancy Sustaining Services (HT/TSS) and clarify Medicaid's Role in Supporting HT/TSS in PA
- ✓ Understand the importance of **state and federal rules** and guidance in delivering PRS
- ✓ Receive **OMHSAS guidance** on the Role of PRS in providing HT/TSS
- ✓ Gain a better understanding of why and how **documentation** is important to providers and OMHSAS
- ✓ Understand the importance of **providing services** 'seamlessly' to recipients

# Need for Housing Transition and Tenancy Sustaining Services (HT/TSS) and how PA Medicaid can help to support them



## Need for HT/TSS and How PA Medicaid Can Help Support Them

- Most individuals want to live in safe, decent affordable housing
- Most individuals (even with significant MH and SU disorders and/or histories of chronic homelessness) can live independently with readily available services and supports
- There isn't sufficient funding via state base funding and federal block grants to provide HT/TSS
- Various Medicaid funded MH services will cover components of HT/TSS, which can help make housing assistance services available to more people.
  - PA does ***not have*** *HT/TSS covered by an 1115 waiver or HCBS (e.g. 1915c waiver or 1915i state plan amendment)* for individuals with SMI

# Federal Rules and State Guidance for Providing PRS



# Code of Federal Regulations

## 42 CFR Part 440, Subpart A Section 440.130 (d)

- “Rehabilitative services,” except as otherwise provided under this subpart, includes any medical or remedial services **recommended by a physician or other licensed practitioner of the healing arts**, within the scope of his practice under State law, for maximum reduction of physical or mental disability and restoration of a beneficiary to his best possible functional level.



## PRS for SMI as defined in PA State Regulations

- The individual 18 years of age or older who chooses to receive PRS
- To be eligible for PRS, an individual shall:
  - Have a written recommendation for PRS by an LPHA acting within the scope of professional practice
  - Have the presence or history of SMI (one of 5 specific diagnoses)
  - Have a moderate to severe functional impairment that limits performance in at least one of the following:
    - Living, Learning, Working or Socializing Domains

Exception Request: If the individual does not meet the SMI criteria above, the LPHA can make a written recommendation which includes the person's diagnosis and description of the functional impairment in the domains above.



# PRS for SMI as a Supplemental Service in HC

PRS includes assessment, planning, and rehabilitation services

- Assessment

*Completed in collaboration with the individual and includes the identification of individual's functioning in the living, learning, working and socializing domains*

- Individual Rehabilitation Plan (IRP)

*Jointly developed by the individual and PRS staff in a manner that is consistent with the assessment. It includes consumer goals designed to achieve specific outcomes, methods to achieve the goals including skill development and resource acquisition and responsibilities of the individual and staff*

- Rehabilitation Services

*Services are provided in context of the goals that are included in the IRP*



# What's this have to do with HT/TSS?

PRS Housing Activities  
Appropriate in PA's  
Medicaid Program



## Allowable Housing Transition Activities by PRS Agencies

If identified as a goal in the Individual Rehabilitation Plan, PRS agencies may **assist** an individual with:

- Assessing housing preferences/barriers related to successful tenancy
- Developing an individualized housing support plan
- The housing search process
- Identifying resources that can cover start-up expenses



## Allowable Tenancy Sustaining Activities by PRS Agencies

If identified as a goal in the Individual Rehabilitation Plan PRS agencies may **assist** an individual with:

- Developing skills to prevent or address behaviors that may jeopardize housing
- Advocacy and linkages to community resources to prevent eviction
- Modifying their crisis plan to support continued successful tenancy
- Developing and maintaining relationships with landlords/property managers with the goal of successful tenancy through coaching



## Allowable Tenancy Sustaining Activities by PRS Agencies

If identified as a goal in the Individual Rehabilitation Plan, PRS agencies may also **assist** an individual with:

- Developing skills in being a good tenant and lease compliance on an ongoing basis
- Education on roles, rights and responsibilities of the tenant and landlord
- Resolving disputes with landlords and/or neighbors

### PRS Agencies can NOT:

- Arrange for and support the details of the move-in
- Ensure the unit is safe and ready for move-in
- Complete rent subsidy application/certification and housing application processes
- Complete the housing recertification process

## Reminders:

- PRS services are delivered in the community or at a PRS facility on a one-to-one basis or as a group service.
- Housing transition and sustaining activities will be executed differently depending on where they take place

# Important Considerations

Keys to Service  
Documentation and Billing



## Documenting Services

- ✓ Does the record contain the individual's LPHA recommendation for PRS? For individuals admitted under an exception, does the record contain a description of the functional impairment?
- ✓ Do the daily notes indicate service provided in context of the goal, and the individual's response to services including documentation of IRP outcomes?
- ✓ Does documentation meet all federal and state requirements?



## Billing Using ICD-10-CM Codes

When allowable housing related activities are used to assist individuals to obtain or sustain housing, include the “Z” codes categorized as “Problems related to housing and economic circumstances” in the ICD-10-CM book when billing.

Z Codes to use include:

- Z590 Homelessness
- Z591 Inadequate housing
- Z592 Discord with neighbors, lodgers and landlord
- Z598 Other problems related to housing and economic circumstances
- Z599 Problem related to housing and economic circumstances, unspecified

# Crosswalk HT/TSS with PRS Allowable Activities

## HT/TSS

- Screening/ Assessment of housing preferences/barriers related to successful tenancy/ development of individual housing support plan
- Assist with Housing Search Process
- Identifying resources to cover start-up expenses, moving costs and other one-time expenses

## PRS

- Partners with consumers in developing the individual assessment which identifies individual's functioning in living, learning, working and socializing domains. IRP may include housing goals based on assessment.
- Direct or indirect skill development. Develop strategies to assist in identifying, achieving and maintaining valued roles.
- Help to increase awareness of community resources and natural supports.

## Crosswalk HT/TSS with PRS Allowable Activities cont.

### HT/TSS

- Advocate and linking with community resources to prevent eviction
- Provide early identification and interventions for behaviors that may jeopardize housing
- Modify crisis plan with the individual to support continued successful tenancy

### PRS

- A PRS agency helps increase awareness of community resources; has written agreements to coordinate care including case management programs, housing and residential programs, and crisis intervention; and collaborates and coordinates with other service agencies with consent.
- Educate about mental illness, wellness and living in recovery; Provide direct and indirect skills development; assist to identify, develop and utilize natural supports.
- A PRS agency and an individual shall update the IRP at least every 90 calendar days.

# Crosswalk HT/TSS with PRS Allowable Activities

## HT/TSS

- Coach on developing and maintaining relationships with landlords/property managers with the goal of successful tenancy
- Provide education and skills development in being a good tenant, roles, rights and responsibilities of the landlord and tenant, and lease compliance on an ongoing basis
- Assist in resolving disputes with landlords and/or neighbors

## PRS

- Provides direct or indirect skills development
- In the Intervening phase of the PRS process, emphasis is on developing new skills, supporting existing skills, overcoming barriers to using skills and identifying/modifying an individual's resources to pursue a goal
- Assists in developing, enhancing and retaining skills and competencies in living, learning, working and socializing so that the individual can live in the environment of choice and participate in the community.

# Activities Not MA Allowable for PRS Agencies

- Arranging for and supporting the details of the move-in
- Ensuring the unit is safe and ready for move-in
- Completing the rent subsidy application/certification and housing application processes
- Completing the housing recertification process

# Screening and Assessment Tools PRS May Use



# Screening and Assessment Tools

## Examples of Individual Assessments that may be used:

- Psychiatric Rehabilitation Strengths Based Assessment and IRP
- Comprehensive Assessment (Readiness Assessment and Strengths, Needs, Barriers Assessment)
- Daily Living Assessment-20
- Functional Assessment
- Boston University Resource Assessment
- Psychosocial Assessment
- Occupational Assessment
- Youth Transition Assessment
- Adult Needs and Strengths Assessment – Transition to Adulthood (ANSA-T)

# The Importance of

## Braiding Services Seamlessly for Recipients



## Why is Braiding Services So Important?

- Absent an approved 1115 Waiver or HCBS (1915c Waiver or 1915i Amendment)
  - Some services/activities may not be Medicaid reimbursable (May require some County funding)
  - With the exception of ACT, there is no one provider type that can provide the full array of HT/TSS
- Services that are not well orchestrated and coordinated can result in:
  - Duplication of services
  - No one providing the service
- Successful tenancy can be jeopardized and housing lost quickly



## Braiding Services Successfully

- The Individual's Assessment/Individual Rehabilitation Plan (if housing needs/housing goals identified) are the Source Documents for PRS.
- Who should coordinate the array of HT/TSS with all involved providers?
  - The PRS Specialist or Worker?
  - The Targeted Case Manager?
  - The Housing Support Specialist
  - The MCO Care Coordinator?

# Questions and Discussion



THANK YOU!